

Sunrise Wake-Up Setup & Troubleshooting Guide

A ZoxDeal bonus for buyers of the Niditon Wake Up Light sunrise alarm clock. Twenty minutes of setup on day one prevents almost every problem buyers report later.

Before the First Night

The box contains the clock, a USB cable, and a manual — but **no power adapter**. You need your own USB adapter rated **5V/2A**. The listing itself warns that weaker chargers can cause audio interference and performance problems, so do not use an old 1A phone charger.

- Plug the clock in with a certified 5V/2A adapter, not a laptop USB port.
- Set the time first (12H or 24H), then set the alarm — not the other way around.
- Choose your sunrise duration: 30 minutes is the gentlest, 10 minutes the brightest wake-up.
- Pick an alarm sound and set the volume lower than you think — level 16 is very loud.
- Set the clock display to its lowest brightness, or switch it off entirely, before you sleep.
- If you bought the Bluetooth model, pair the app now and grant it every permission it asks for.

Settings Worth Changing

- **Sunrise duration:** heavy sleepers usually do better with the full 30-minute build-up.
- **Display at night:** the digits are the most-criticized part of this clock after dark. Use the lowest of the 3 brightness levels, or turn the display off — the alarm still works.
- **Dual alarms:** set one for workdays and one for weekends instead of re-programming the same alarm every Friday.
- **Sunset mode:** the colored sunset simulation with a sleep sound and the auto-off timer is the easiest way to test the light colors (all 7) on night one.
- **FM radio:** long-press the Radio button for 3 seconds to auto-scan. The thin line on the back of the clock is the antenna — position it before judging reception.

Bluetooth Model: Keep the Alarm Reliable

One detailed buyer report describes the app connection dropping in the background, so the light came on but no sound played. Protect yourself with three habits:

- Allow the app to run in the background and exclude it from battery optimization on your phone.
- After setting an alarm in the app, confirm the same alarm also shows on the clock itself.
- For the first week, keep a phone alarm as a backup until you trust the setup.

Note: the Bluetooth connection has no PIN. If a neighbor's phone ever connects by accident, unplug the clock for 10 seconds to reset the connection.

Troubleshooting Table

Problem	Likely cause	Fix
Alarm light comes on, no sound	App connection dropped (Bluetooth model), or volume at zero	Re-open the app, re-check the alarm, raise the volume, test with an alarm 2 minutes ahead
Sound is noisy or distorted	Under-powered USB adapter	Switch to a certified 5V/2A adapter — the listing warns weak chargers cause audio interference
Clock digits too bright at night	Display brightness left high	Step the display down to level 1, or switch the display off at night

FM radio is static or skips stations	Antenna line folded against the clock	Straighten the thin antenna line on the back and re-run the 3-second auto-scan
Clock resets after a power cut	There is no battery backup in this model	Expected behavior — the clock must stay plugged in; re-set the time after any outage
Buttons feel complicated	Many functions share few buttons	Use the app (Bluetooth model) for programming; most buyers find it far easier than on-device setup

One last thing: keep the box until the 90-day free-return window is well underway. A small number of buyers received units that failed early, and returns are painless while the packaging survives. — ZoxDeal