Wireless Earbuds Fit & Sound Tuning Guide

A ZoxDeal bonus for Sennheiser MOMENTUM True Wireless 5 owners

1. Try all four tip sizes — and start with the smallest

Most people default to the medium tips and miss out on bass and ANC. Insert the earbud, twist it slightly forward, and play a bass-heavy track. When the seal is right, low frequencies suddenly feel full and outside noise drops. If they slide during a walk, go one size up.

2. The seal test takes 30 seconds and fixes 80% of complaints

With ANC on and music paused, tap the bud lightly. A hollow rattle means air is leaking and your ANC is underperforming. Re-seat the tip or try a different size. A proper seal makes budget ANC feel premium.

3. Twist, don't push

Sennheiser's finless housing locks with a small forward twist after insertion. Pushing straight in causes pressure and poor fit. Insert, twist forward until snug, and the housing should feel stable without any sensation of falling out.

4. Different tips for different days

Silicone tips that seal perfectly at your desk can loosen once you sweat. If you commute, work out, or wear the buds for 8+ hours, keep a second pair of tips in the case — most long-wear comfort problems are tip problems, not earbud problems.

5. Run Sound Personalization before touching the EQ

The Smart Control Plus app walks you through a guided listening test and builds a profile for your hearing. Start there — it adapts the tuning to your ears. Only go manual if the guided profile still misses your taste.

6. EQ recipe: tame the bass, not the detail

The TW5's stock tuning is bass-forward. If it feels heavy, pull down 60–125 Hz by 2–3 dB instead of boosting treble. The 7mm driver keeps detail without brightness. Save one preset for music and a second, flatter preset for podcasts.

7. Set up multipoint before you need it

In the Smart Control Plus app, enable multipoint and pair both your phone and laptop. When a call comes in, the buds switch automatically. If switching feels flaky, disable multipoint for the device you use less — two connections can compete.

8. Use robust mode in crowded places

The app's selectable robust mode trades a little range for connection stability in trains, airports, and busy offices. If your music stutters on a packed commute, this toggle is the first fix — before blaming the buds.

9. Match the codec to your phone

On a Snapdragon Sound Android phone, force aptX Lossless in the app for bit-perfect playback. On an iPhone you get AAC — still excellent, but don't chase a Lossless toggle that doesn't exist there. Set expectations by device.

10. Dolby Atmos works best with Atmos content

Head tracking shines with Atmos-mixed movies and spatial playlists. Your regular stereo library won't magically become spatial — open the Atmos sections of your streaming app to hear what the feature is actually for.

11. Learn the touch controls in the app first

Remap taps, holds, and swipes in Smart Control Plus before you develop habits. The defaults are sensible, but one accidental long-press that kills ANC mid-flight is one too many. Five minutes of setup prevents months of annoyance.

12. Charge the case, not just the buds

The case is the other half of your 40 hours. Keep it above 20% and the buds always refill to full. If the case dies on a trip, the buds are just two dead earpieces — the case is the battery you should watch.

13. 8 minutes buys you an hour

The quick-charge feature gives an hour of playback from 8 minutes in the case. Keep the case in your bag charged and a dead-bud emergency becomes a coffee-order wait, not a ruined commute.

14. Heat and full charges age batteries faster

Lithium cells dislike heat and sitting at 100% for weeks. Don't leave the case on a sunny dashboard, and if you won't use the buds for a while, store them around 50–60% charge. This applies to every wireless earbud ever made.

15. Know the real battery numbers

Up to 12 hours is ANC-off; ANC-on is around 6 hours per bud, plus the case. Plan long travel days on the ANC-on figure, not the headline. Knowing the real number beats discovering it on a 7-hour flight.

16. The replaceable batteries: what to expect

Both the earbuds and the case have user-swappable cells using the included tool plus a small screwdriver. The mechanism is brand-new — check Sennheiser's official channels for replacement battery availability before you need them, and keep the included tool with the case so it doesn't get lost.

17. Keep the charging contacts clean

A bud that won't charge is usually a dirty contact, not a dead battery. Wipe the gold contacts on the buds and the case pins with a dry cotton swab monthly. Sweat residue is the silent killer of case charging.

18. Update firmware before judging anything

Early-production quirks — connection drops, ANC oddities, EQ behavior — often get fixed in the first firmware updates. Check Smart Control Plus for updates on day one and re-test before drawing conclusions about any problem.